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FOR IMMEDIATE RELEASE

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SAMA-ALTOONA WORKSHOP TO FOCUS ON TIBETAN BUDDHISM

Loretto – The Southern Alleghenies Museum of Art at Altoona will host an Arts-in-Education workshop on Friday, March 8. The workshop is designed for artists, teachers, school administrators and the general public.

The workshop, scheduled for 8:30 a.m. to 3:30 p.m., is held in conjunction with the Museum's current exhibition, *Tibetan Treasures: The Rezk Collection of Tibetan and Nepalese Art*. Led by Michael Allison, former SAMA curator and a Buddhist with more than twenty years of practice, the workshop will provide insight into the Tibetan School of the world's fourth largest religion, Buddhism. Allison will provide an overview of the Buddhist religion and will also discuss meditation practices, with a meditation period to close the morning session. The workshop also will include various hands-on projects and an in-depth tour of the *Tibetan Treasures* exhibition.

Cost for the workshop is \$35 per person. Reservations are requested by March 6, and can be made by calling the Museum at (814) 472-3920. Six hours of ACT 48 credit are available.

The Southern Alleghenies Museum of Art at Altoona is located in the Brett Building at 1210 Eleventh Avenue. Hours of operation are 10 a.m. to 5 p.m. Tuesday through Friday and 1 to 5 p.m. Saturday. The Museum is a handicapped-accessible facility and is open to the public free of charge. Parking is available in the garage across the street or in the metered spots in the lot at the rear of the building. For more information, call the Museum or visit www.sama-art.org.

This project was made possible through the AIE Partnership of the Pennsylvania Council on the Arts, a state agency. State government funding for the arts depends upon an annual appropriation by the Commonwealth of Pennsylvania and support from the National Endowment for the Arts, a federal agency. The PCA Arts-in-Education Partner in this region is the Southern Alleghenies Museum of Art.